| MILES WITH -> CREW | 5                                       | 10                        | 15                   | 20   | 25                 | 30                 | 35                 | 40                 | 45        | 50                       | 55                    | 60                | 65                    |
|--------------------|---|---------------------------|----------------------|--|--------------------|--------------------|--------------------|--------------------|-----------|--------------------------|-----------------------|-------------------|-----------------------|
| 100                | PAYN                                    | 1ENTS →                   | 100 200              | 300 400  | 500 600            | 700 800            | 900 1000           | 1100 1200          | 1300 1400 | 1500 1600                |                       | AL FORM<br>IITTED | 70                    |
| 95                 | TRAINING                                |                           | NAME                 |  |                    |                    |                    |                    |           |                          | GEAR                  |                   | 75                    |
| 90                 | TREK NUMBER  623-B- 01  02              |                           |                      |  |                    |                    |                    |                    |           | воотѕ                    |                       | 80                |                       |
| 85                 | FIRST AID  CREW NAME  CPR               |                           |                      |  |                    |                    |                    |                    |           | $\dashv$                 | PACK                  |                   | 85                    |
| 80                 | WILDERNESS CREW SHAKEDOWN PARTICIPATION |                           |                      |  |                    |                    |                    |                    |           |                          | SLEEPING<br>BAG & PAD |                   | 90                    |
| 75                 | <u>■</u>                                | FIRST AID WEATHER HAZARDS | - DAY<br>HIKE<br>DAY | DAY<br>HIKE<br>DAY   | DAY<br>HIKE<br>DAY | DAY<br>HIKE<br>DAY | DAY<br>HIKE<br>DAY | DAY<br>HIKE<br>DAY | DAY S     | SHAKE-<br>DOWN<br>SHAKE- | CL                    | OTHING            | 95                    |
| 70                 |   | LEAVE<br>NO TRACE         | _                    | ELIGIBILITY ->  AGE & COMMITMENT GOOD RANK LETTER STANDING |                    |                    |                    |                    |           | D                        | WATER/FOOD<br>STORAGE |                   | 100                   |
| 65                 | 60                                      | 55                        | 50                   | 45   | 40                 | 35                 | 30                 | 25                 | 20        | 15                       | 10                    | 5                 | MILES<br>ON MY<br>OWN |

This is your tracking card to keep a record of preparations you've made so far for your Philmont trek.

You can highlight the items as you complete them.

## Gear:

Color in the appropriate box when you've obtained the gear, tested it on a shakedown, and confirmed that it fits and/or works well.

### Training

Color in the training as you've completed it. Trek Safely, First Aid, CPR, Weather Hazards, and Leave No Trace training are recommended for all crew members. At least two adult crew members must have Wilderness First Aid training.

### <u>Payments</u>

Color in the payment progress as you make payments to Troop 202.

## **Shakedown Participation:**

Highlight an appropriate box each time you attend a day hike or overnight camping shakedown trip planned by the Philmont crew.

## Miles Hiked with Crew:

Color in the cumulative miles you've hiked with the crew.

# Miles Hiked on My Own:

Color in the cumulative miles you've hiked without your crew. At least a portion of the miles should be with a full pack and hiking boots.

### Physical Form:

Color in when you have submitted the official Philmont health form, completed and signed by your doctor.

### Eligibility

Color in eligibility requirements you have met.

- At least 14 years old (or 13 and finished 8th grade) and Life rank
- Signed a Philmont Crew Member Commitment Letter
- In good standing based on paid up fees and hike/shakedown/instruction participation

Cut the card out.